



Age Requirements for Youth Volunteers

Second Harvest Heartland welcomes and encourages youth volunteers. Because the majority of our volunteer jobs are completed in a working warehouse, the safety of youth volunteers is paramount. With safety in mind, we ask that you carefully consider the following age requirements for youth volunteers. Note that some of the tasks we perform are not suitable for younger youth (please check with volunteer staff prior to volunteering if your children are under 10 years of age).

	SHH West (Golden Valley)	SHH East (Maplewood)
7 years and under	not eligible	not eligible
8-9 years*	2 youth to 1 parent/guardian	not eligible
10-11 years	6 youth to 1 adult	not eligible
12-14 years	6 youth to 1 adult	6 youth to 1
15-17 years**	10 youth to 1 adult	10 youth to 1 adult

*groups of youth in this age category may not exceed 10 youth

**youth in this age group can volunteer as individuals if they fulfill the criteria listed below

Other considerations:

- All youth will be provided a SHH parental waiver to bring with them to SHH.
- This waiver can only be signed by the parent or guardian and not a chaperone.
- A volunteer age 18 or older can be considered a chaperone.
- Groups of youth ages 8 & 9 need to meet the following criteria:
 - Child to adult ratio is 2:1
 - Number of youth in this age group may not exceed 10
- Youth between the ages of 15 and 17 can volunteer as an individual (alone) provided they:
 - Get approval from SHH prior to volunteering (call us at 651.282.0901)
 - Provide a signed parental waiver.
- Second Harvest Heartland staff reserves the right to turn away youth volunteers for disorderly conduct, safety violations, or disregard for the experience of fellow volunteers and the mission of Second Harvest Heartland.